Brenda Bloch-Young, December 2023

Documenting financial information is crucial for seniors to ensure that their beneficiaries have a clear roadmap in the event of illness or incapacity. Here's a guide on how seniors can organize and document their financial lives:

1. Create a Comprehensive Inventory:

- List all financial accounts, including bank accounts, investment accounts, retirement accounts, and insurance policies.
- Include details such as account numbers, institutions, and contact information.

2. Compile Important Documents:

- Gather legal documents such as wills, trusts, and powers of attorney.
- Include any relevant healthcare documents like living wills and healthcare powers of attorney.

3. Document Debts and Liabilities:

- List any outstanding loans, mortgages, or debts, including contact information for lenders.
- Specify monthly payment amounts and due dates.

4. Outline Income Sources:

- Detail sources of income such as pensions, Social Security, annuities, and any other regular income.
- Include information on how income is received (e.g., direct deposit details).

5. Provide Contact Information:

- Create a list of key contacts, including financial advisors, attorneys, accountants, and insurance agents.
- Include contact details for healthcare providers and any specialists.

6. Organize Legal Documents:

- Ensure all legal documents are up-to-date, and provide clear instructions on where they can be found.
- Clearly state the location of safe deposit boxes and keys.

7. Passwords and Access Information:

- Create a secure document or system for storing passwords to online accounts.
- Specify how beneficiaries can access digital assets and accounts.

8. Detail Insurance Coverage:

- List all insurance policies, including life insurance, health insurance, and long-term care insurance.
- Provide policy numbers, coverage details, and contact information for insurance providers.

9. Financial Statements and Investments:

- Maintain a record of investment portfolios, including stocks, bonds, and mutual funds.
- Include recent financial statements and contact information for investment brokers.

10. Include Funeral and Burial Instructions:

- Specify any pre-arranged funeral or burial plans.
- Provide information on cemetery plots, if applicable.

11. Emergency Fund Information:

• Document the location of any emergency funds, and provide instructions on accessing them.

12. Update Regularly:

• Regularly review and update the documentation to reflect any changes in financial circumstances or beneficiaries.

13. Communicate the Plan:

- Ensure that beneficiaries are aware of the existence of the financial roadmap.
- Discuss the plan with family members or trusted individuals who may need to step in during an emergency.

14. Store Safely:

- Keep physical copies of important documents in a secure, fireproof location.
- Utilize digital storage solutions with strong security measures for electronic copies.