



March 2020 Calendar

* Please call the AHA office to register for this event or register online at www.athomeinalexandria.org

Date	Event	Time	Where	RSVP	Comment
March 5, Thursday	* Lunch Around at Trademark Drink and Eat	12-2 pm	Westin Alexandria Old Town, 2080 Jamieson Ave. (Carlyle neighborhood).	Feb. 27	Salads and sandwiches, Trademark burgers, daily lunch specials. Bring your Silver Services card for discount. Street or garage parking. Valet parking - restaurant will validate your parking ticket.
March 9, Monday	* The Monday Book Club	1-3 pm	Portner's Landing Community Room, 621 N St. Asaph St.	Mar. 6	A timely choice set in Australia, the March book is Bill Bryson's "In a Sunburned Country". <i>Info: Linda Langley, langley.lk@gmail.com</i>
March 10, Tuesday	* "What's in the News" Discussion and Coffee	10-11.30am	Royal Restaurant, 730 N. St. Asaph St.	Mar. 6	Coffee and discussion with AHA members. <i>Info: Brenda Bloch-Young, 914-715-3463.</i>
Mar. 10, Tues.	Ladies' Night Out	5-7 pm	Cheesetique, 2411 Mt. Vernon Ave.		Street parking and parking lot behind the buildings.
March 13, Friday	* The Politics Forum (Non-members are welcome to attend)	1.30-3 pm	"The View", 23d floor, Alexandria House, 400 Madison St.	Mar. 11	Martin Tolchin, retired NY Times journalist will discuss his new book "Politics, Journalism and The Way Things Were".
March 14, Sat.	* Happy Hour	5-7 pm	"The View", 23d Fl., Alex. Ho., 400 Madison St.	Mar. 12	Bring drinks and nibbles.
March 16, Mon.	* Dine Around at RT's Restaurant	7-9 pm	3804 Mt. Vernon Ave.	Mar. 12	Cajun theme. Monday Specials. Parking across the street.
Mar. 17, Tues.	* The March Tech Talk LIMITED TO 8 PEOPLE	10.30-11.30 am	AHA Office, 3139 Mt. Vernon Ave.	Mar. 16	"Cell phone plans: Are you overpaying?" Bring your latest cell phone bill for reference and we'll discuss your options!
Mar. 17, Tues.	AHA Board Meeting	2-4 pm	Portner's Landing, 621 N St. Asaph St.		
March 18, Wednesday	* Dementia Friends Training (part of the Dementia Friendly Alexandria Initiative) EACH SESSION LIMITED TO 25 PEOPLE	9-10 am OR 10.30-11.30 am	Portner's Landing Community Room, 621 N St. Asaph St. CHOOSE ONE OF THE SESSIONS ONLY		The training will provide you with tips and guidance for recognizing dementia in a person and how to help them. Led by AHA's Jane King and Old Dominion Home Care's Alexandra Johnson.
Mar. 19, Thurs.	* Men's Night Out	5-7 pm	London Curry House, 4906 Brenman Park Dr.	Mar. 17	Indian style menu.
March 20, Friday	* The Roundtable Current Affairs Discussion	10.30-noon	Safeway Conf. Rm. (off the parking garage), Bradlee Shopping Center, 3526 King St.	Mar. 18	March topic: "Alexandria's Preparation for the 2020 Census". Councilman Canek Aguirre, Chair of Alexandria's Complete Count Committee, will attend.
March 20, Friday	Board (and other) Games Afternoon <i>RSVP: Dale Latiff: 703-838-2163</i>	1.30-4 pm	Porto Vecchio, 1250 S Washington St. #816, home of Dale Latiff.	Mar. 18	Choose from a variety of board games and other games. If you wish, bring a game to share, a nibble and, perhaps, a friend. On-site parking.
Mar. 25, Wed.	* Coffee and Conversation	10-11.30am	La Madeleine, 500 King Street	Mar. 21	Street parking or nearby garage.
March 29, Sunday	* Conversation with Gayle Converse about the early suffragists.	3-5 pm	601 N Fairfax St. #303, home of Eugene and Anne Augusterfer	Mar. 26	Gayle Converse is a Media Specialist and will discuss the early suffragists, particularly Alexandria women.
March 31, Tuesday	* Memoir Writing Group, Introductory Session (1 of 6 bi-weekly sessions).	2-3.30 pm	Abyssinia Market and Coffee House, 720 Jefferson St. SPACE IS LIMITED	Mar. 25	This introductory session is for new memoirists only. Sessions 2-6 are for new and repeat attendees. Small groups. Led by Kay Cowan.

Walking group: Resumes Tues. March 24 and each following Tuesday, at 9 a.m., at T.C. Williams Boathouse, at the foot of Madison St. *Info: Shelly Schwab at rochelleschwab@comcast.net*

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