



February 2020 Calendar

* Please call the AHA office to register for this event or register online at www.athomeinalexandria.org

Date	Event	Time	Where	RSVP	Comment
February 4, Tuesday	Let's go to the Movies, TBD. <i>RSVP: Linda Langley langley.lk@gmail.com</i>	Afternoon	AMC Shirlington, 2772 S Randolph St., Shirlington.	Jan. 31	Movie will be selected in the previous week. Notify Linda Langley (Temporary Leader) to go with the group.
February 5 Wednesday	* Lunch Around at Vola's Dockside Grill	12-2pm	101 N. Union St. (Close to the Torpedo Factory)	Jan.30	Casual seafood restaurant. Sandwiches, tacos, soups and salads. Non-seafood options, Street and nearby garage parking. Silver Services card: 15% Disc. (excl. alcoholic beverages).
February 6, Thursday	* Stressful to Successful: Decluttering and Downsizing Ideas from a Six-Person Panel of Professional Experts	1-3pm	Beatley Library, 5005 Duke St.	Feb. 4	Panel discussion and questions about organizing, decluttering and downsizing paper, books, furniture, clothing and household goods. Learn how AHA volunteers may provide some help.
Feb. 8, Sat.	* Happy Hour	5-7 pm	"The View", 23d Fl., Alex.Ho., 400 Madison St.	Feb. 6	Bring drinks and nibbles.
February 10, Monday	* The Monday Book Club	1-3 pm	Portner's Landing Community Room, 621 N St. Asaph St.	Feb. 7	The February book is "The Great Alone" by Kristin Hannah. <i>Info: Linda Langley, langley.lk@gmail.com</i>
February 11, Tuesday	* "What's in the News" Discussion and Coffee	10-11.30 am	Royal Restaurant, 730 N. St. Asaph St.	Feb. 7	Coffee and discussion with AHA members. <i>Info: Brenda Bloch-Young, 914-715-3463.</i>
Feb. 11, Tues.	Ladies' Night Out	5-7 pm	Mason Social, 728 N. Henry St.		New venue. Street parking.
February 14, Friday	* The Politics Forum	1.30-3 pm	"The View", Alexandria House, 23d floor, 400 Madison St.	Feb.12	Dr. Helen Desfosses will lead a discussion TBD.
Feb. 17, Mon.	* Dine Around at Northside 10	7-9 pm	10 East Glebe Road	Feb. 13	Not fancy, but good. Separate dining room. Parking onsite.
February 18, Tuesday	* Tech Talk: "Medical Apps - Help at your fingertips" .	10.30-11.30 am	AHA Office, 3139 Mt. Vernon Ave. LIMIT: 8 PEOPLE	Feb. 17	Learn the variety of apps for phone, tablet or computer to assist with medication management and other medical issues.
Feb. 18, Tues.	AHA Board Meeting	2-4 pm	Portner's Landing, 621 N St. Asaph St.		
Feb. 20, Thurs.	* Men's Night Out	5-7 pm	Live Oak Restaurant, 1603 Commonwealth Ave.	Feb. 18	Street parking or lot behind adjacent electrical substation.
February 21, Friday	Board (and other) Games Afternoon <i>RSVP: Dale Latiff: 703-838-2163</i>	1.30-4 pm	Porto Vecchio, 1250 S Washington St. #816, home of Dale Latiff.	Feb. 20	We have a variety of board games and other games. If you wish, you may bring a game to share, a nibble and a friend. On-site parking.
February 21, Friday	* The Roundtable Current Affairs Discussion	10.30-noon	Safeway Conf. Rm. (off the parking garage) 3526 King St., Bradlee Shopping Center	Feb. 19	Discussion topic: TBD.
February 23, Sunday	* Conversation with Bob Levey, longtime Washington Post journalist, and author.	3-5 pm	Porto Vecchio, 1250 S Washington St. #309, home of Ruth and Georg Morduch.	Feb. 20	Bob Levey will talk about his longtime career at the Washington Post and his new book. LIMIT: 25 PEOPLE. On-site parking.
February 26, Wednesday	* NEW PROGRAM: Coffee and Conversation	8.45-10 am	Panera Bread, 3201 Duke St.	Feb.24 23	Are you interested in a monthly coffee morning? Join us for the inaugural meeting! <i>Info: Penelope Roberts 703-836-9644,</i>

At Home in Alexandria, 3139 Mt. Vernon Ave., Alexandria, VA 22305

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Walking group: Will resume in Spring 2020. Info: Shelly Schwab at rochelleschwab@comcast.net

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